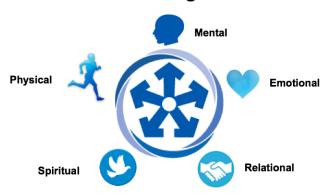


## 5-Day Whole Life Retreat

## The Whole-Life Integration Model



SynterPoint Coaching believes an integrated approach to work and life can transform marriages and produce powerful synergies of engagement and fulfillment for marriage, work, and the soul.

- A five-day retreat with one couple
- A beautiful retreat and resort location
- Lots of time for rest and relaxation
- Time to reconnect as a couple and with God
- Guided time together each morning with a skillful and caring executive coach and spiritual director
- Afternoons and evenings free with time to reflect, discuss and enjoy God's beautiful creation





The Whole Life Retreat for couples is an enjoyable and safe time with a highly skilled coach to help you co-create a road map so each of you individually and as a couple are able to overcomes obstacles and challenges that have previously held you back.

SynterPoint believes physical, emotional, intellectual, relational and spiritual integration is critical to overall work engagement, soul health, and marriage fulfillment.

## **Executive Coach & Spiritual Director**

- David has spent the past 30 years working with both ministry and corporate leaders across the US and overseas with over 3,000 coaching h
- As a former Managing Director in the Corporate & Investment Bank of Bank of America, he understands the demanding pressures and conflicts between work and personal life.
- David has a Masters in Divinity with a concentration in counseling. Prior to moving to Colorado Springs, he pastored a church in Hampshire, England. Previously, David and his wife served as missionaries in France and Turkey.
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- For the past 13 years, David has led numerous group and couple retreats for business executives and ministry leaders from across the US and overseas.
- David also has an ongoing practice coaching ministry and business leaders and their teams around the US and overseas either in person or over Zoom.
- David and his wife met 40 years ago in college at the University of North Carolina at Chapel Hill. They live in Colorado Springs and have six children.

## What people say about working with David:

"I have known David for almost 20 years. David is truly passionate about helping people find their optimal work engagement and life fulfillment. His diverse background, experience and training make him an invaluable coach and consultant helping people find their greatest potential. And, as a former corporate banker, he completely understands the complexities of corporate cultures combined with the myriad demands on employees' personal lives."

Mark Linsz - Former Treasurer of Bank of America Charlotte, N.C.

"My wife Trudy and I attended David's whole life retreat in December 2014. After more than 32 years in the publishing industry, I've never had a executive coach offer a program that addresses the critical connections between my executive career and my marriage and home life. The retreat David led us through, provided a restful time away with my wife in a place of great beauty to enjoy each other and open up some meaningful dialog. David, respectfully and delicately walked us through challenging places in both work and personal life. Trudy and I viewed this retreat as an incredibly valuable experience and highly recommend it to other executives. Take some time to invest in the integration of your career and your home life."

Cris H. Doornbos – Chief Executive Officer David C Cook Communications – Colorado Springs, CO

"The whole life retreat with David helped my wife and me to recover our lives. David was an instrument that brought about the recovery of and rejuvenation for life, marriage and work. David applied truth spoken in love that brought great insight into the condition of our souls, as well as practical, achievable steps to take following our retreat that have been life giving. He possesses a wonderful combination of compassion, transparency, wisdom and hope. I highly recommend him!"

Sr. Pastor Kansas City, KS

To schedule a time to connect with David to learn more about this retreat, click on this button.

For more information email David at dsachs@synterpoint.com or call 719-646-9690 Visit our website at www.synterpoint.com

SCHEDULE A CONVERSATION